



## Juice & Smoothie Bar

### Hours

Monday - Friday  
8:30 am - 6:00 pm  
Saturday  
8:30 am - 5:00 pm

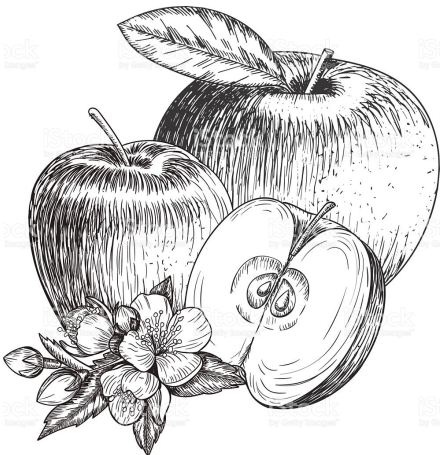


[www.farmersnaturalfoods.com](http://www.farmersnaturalfoods.com)

912-368-7803

754 E. G. Miles Parkway

Hinesville, GA, 31313



## Fruit Smoothies

S \$5.29 M \$5.99 L \$6.79

**Berry Breeze** Apple Juice, Bananas, Mixed Berries

**Mango Madness** Pineapple Juice, Bananas, Mangos

**Tropical Energy** Pineapple Juice, Bananas, Mangos, Strawberries



**Meal Replacement** w/ protein & fiber to keep you full & fueled

S \$6.29 M \$6.99 L \$7.79

**Hulk** Apple Juice or Almond Milk, Green Plant\* Protein, Bananas, Flax

**Hurricane** Pineapple Juice, Vanilla Plant Protein, Mango, Bananas, Flax

**Peanut Butter Cup** Chocolate Coconut Milk, Peanut Butter Powder, Chocolate Plant Protein, Bananas, Flax

**Power Hungry** Almond Milk or Chocolate Coconut Milk, Vanilla or Chocolate Plant Protein, Bananas, Flax

**Strawberry Paradise** Coconut Juice, Vanilla Plant Protein, Strawberries, Bananas, Coconut Shreds

**Specialty Smoothies** Only available as a large

**Mocha Monster** \$6.49

Chocolate Coconut Milk, Chocolate Plant Protein, Biocoffee

**Make It Loaded for \$2 Extra**

Bananas, Dates, Pecans

**Chai Monster** \$8.99

Almond Milk, Vanilla Plant Protein, Biocoffee, Bananas, Dates, Pecans, Cinnamon, Ginger, Nutmeg, Cloves

**Green Detox** \$7.79

Pineapple Juice, Lemon, Kale, Cucumber, Spirulina, Bananas, Chia Seeds

**Golden Recovery** \$7.79

Almond Milk, Vanilla Plant Protein, Energy Fiber Blend, Golden Milk, Bananas

**Nuts for Nuts** \$7.79

Almond Milk, Vanilla Plant Protein, Peanut Butter Powder, Almond Butter, Oats\*, Dates, Bananas

**Total Rescue** \$7.79

Orange Juice, Strawberries, Bananas, Ginger, Vitamins B12 & D-3

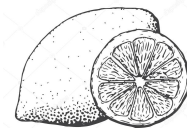
\* Processed in a Facility That Also Manufactures Products with Gluten



## Smoothie Extras

\$1.00

Chia, Flax, Wheat Germ, Coconut Shreds, Peanut Butter Powder, Cinnamon, Bee Pollen, Ginseng/Yohimbe, L-Carnatine, Coconut Oil, B12 Complex, Maca, Oats



\$2.00

Goji, Acai, Spirulina, Omegas, Hemp Seeds Protein, Almond Butter, Turmeric Boost

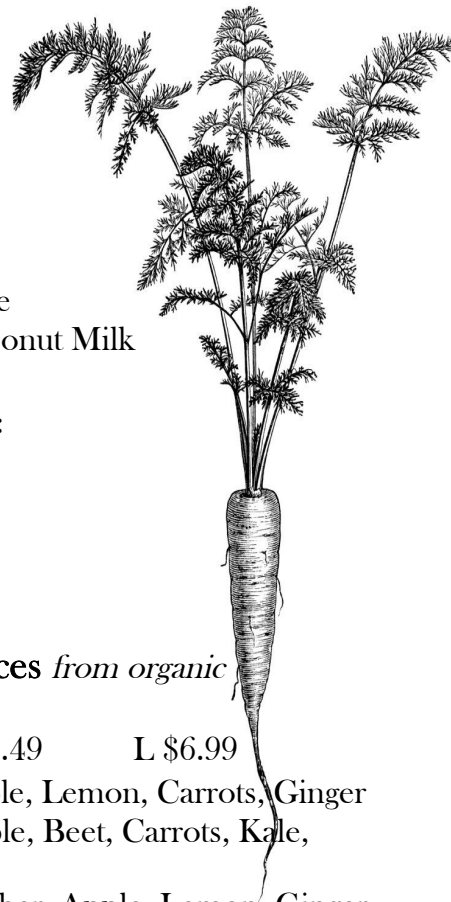
## Make Your Own Smoothie

Choose a **Liquid**:

- Apple Juice
- Coconut Juice
- Orange Juice
- Pineapple Juice
- Chocolate Coconut Milk
- Almond Milk

And Up To 3 **Fruits**:

- Bananas
- Mangos
- Strawberries
- Mixed Berries



**Freshly Made Juices** from organic fruits & vegetables

S \$5.99 M \$6.49 L \$6.99

**Day-O** Orange, Apple, Lemon, Carrots, Ginger  
**Steeler** Orange, Apple, Beet, Carrots, Kale, Ginger

**Green Glow** Cucumber, Apple, Lemon, Ginger

**Very Jerry** Tomato, Carrots, Beet, Celery

*Or Create Your Own!*

## Greens on the Go

**Wheat Grass Shot** \$2.00

2 oz. Apple Juice & Wheat Grass Powder

**Green Vibrance** \$4.00

12 oz. Apple Juice & Green Vibrance Powder

